

Service

Now accepting catering orders
for family gatherings, office lunches,
and special events.



Custom Afghan menu
options available.

BREAD & SALT

AFGHAN CUISINE

MENU 2026

Traditional Afghan favourites prepared for sharing, family meals and celebrations.

All prices are in Canadian dollars and are subject to applicable taxes. Please advise our team of allergies or dietary restrictions before ordering.

STARTERS & SIDES

Bolani Pan-fried Afghan flatbread filled with seasoned potato and herbs.	\$8.95
Mantu Steamed dumplings with seasoned beef, yogurt and lentil topping.	\$12.95
Afghan Salad Tomato, cucumber, onion, herbs and fresh lemon.	\$7.95
Borani Banjan Eggplant with tomato, garlic yogurt and herbs.	\$10.95
Naan Fresh Afghan-style flatbread.	\$3.50

RICE & TRADITIONAL MAINS

Qabuli Palaw Basmati rice with tender beef, carrots, raisins and almonds.	\$21.95
Chicken Qorma Afghan-style chicken simmered in a rich tomato and onion sauce.	\$19.95
Beef Qorma Tender beef slow-cooked with Afghan spices and aromatics.	\$20.95
Sabzi Challow Seasoned spinach served with fragrant basmati rice.	\$18.95

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GRILLS, VEGETARIAN & FAMILY MEALS

FROM THE GRILL

Chicken Tikka	\$20.95
Marinated chicken skewers grilled over high heat.	
Beef Kofta Kebab	\$20.95
Seasoned ground beef kebabs served with rice and salad.	
Lamb Kebab	\$24.95
Tender marinated lamb grilled and served with rice and salad.	
Mixed Grill	\$29.95
Chicken tikka, kofta and lamb kebab with rice and accompaniments.	
Chapli Kebab	\$19.95
Afghan-style spiced beef patties with herbs and vegetables.	

VEGETARIAN

Vegetable Qorma	\$17.95
Seasonal vegetables simmered in a lightly spiced Afghan sauce.	
Dal Challow	\$16.95
Slow-cooked lentils served with basmati rice and salad.	
Vegetarian Bolani Plate	\$15.95
Bolani served with salad, yogurt and chutney.	

FAMILY PLATTERS

Family Platter - Small	\$69.95
Serves 3-4. Qabuli palaw, chicken tikka, kofta kebab, naan, salad and sauces.	
Family Platter - Large	\$119.95
Serves 6-8. Qabuli palaw, chicken tikka, kofta, lamb kebab, naan, salad and sauces.	
Vegetarian Family Platter	\$64.95
Serves 3-4. Vegetable qorma, dal, sabzi, bolani, rice, naan and salad.	

DESSERTS

Firnee	\$6.95
Afghan milk pudding scented with cardamom.	
Baklava	\$6.95
Layered pastry with nuts and syrup.	
Sheer Yakh	\$7.95
Afghan-style ice cream with cardamom and pistachio.	

DRINKS

Afghan Green Tea	\$3.50
Freshly brewed.	

Black Tea Freshly brewed.	\$3.50
Doogh Traditional yogurt drink with mint.	\$4.95
Soft Drinks Assorted selections.	\$2.95
Bottled Water Still water.	\$2.50

BREAD & SALT AFGHAN CUISINE

CATERING 2026

Catering is available for family gatherings, weddings, corporate lunches and special events.

CATERING PACKAGES

Classic Afghan Buffet

Qabuli palaw, chicken tikka, kofta kebab, naan, salad and sauces.

From \$32/
person

Premium Celebration Buffet

Qabuli palaw, lamb kebab, chicken tikka, kofta, qorma, naan, salads and sauces.

From \$42/
person

Corporate Lunch

Choice of rice, grilled protein, salad, naan and sauces. Vegetarian options available.

From \$24/
person

Custom catering available

- Menus can be customized for event size and budget.
- Vegetarian options are available.
- Delivery and setup may be arranged.
- Advance booking is recommended for large events.

Planning a gathering?

Ask us about customized menus, large-order pricing and catering packages. Availability and final pricing may vary based on menu selection, guest count and service requirements.

Menu items, ingredients and prices may change without notice. Images are for presentation purposes.